

“Go The Distance”²⁹³
is the *Absolute Healing*
Of *SELF LOVE* !



^^^^



So it ☺ ‘came *inn*’ !
Like a ☺ . . . ‘gentle *FLOOD*’ !



^ ^ ^^↑↑



To heal the ‘tear’ ^(
Two thousand years be ‘fore’



^ ^ ^^↑↑



They were ‘called’ ^^!
The ‘Up / *Down PLAYS*’ !
☺
!!!!

²⁹³ One of ‘three over-arching directives *The Voice*’ says ☺ . . . to the lead ‘character in the movie *the Field of Dreams*’ ☺^♥!!!!^

♥

^ ^ !!!☺☺

♥



♥

^ ^ ^^☺☺

♥

It was . . . ‘step by *STEP*’ ^

The WAY that ☺

This ‘flowed *in*’ !

♥^^^^^^

♥

As it could . . . ‘only *be*’ ^

‘*What THEY COULD TOLERATE*’ !

♥

^ ^ ^^↑↑

♥

The first to ‘share’ ^

With you of ‘this’ ^

Was ☺ the ‘kiss’ ^

Of *God* through ☺

Anastasia’s ‘lips’ ^

♥

^ ^ ^^↑↑

♥

If you wish to 'read' ^
You can find out 'more' ^
About WHO she 'is' ^
Yes one ☺ to 'adore' ^



As she ☺ has too 'given' ^
All OF her ☺ 'self' ^



To awaken 'heaven' ^
Here ☺ 'for' ^

Her 'kin'



^ ^ ^^↑↑



She IS ! ☺
Well 'known' ^
For her ☺ . . . 'abilities' !
To ☺ . . . 'transcend' !!



The 'so called !
'Limitations' ! of ☺

This 'third'
Dimensional 'heaven'



She can ☺ take 'flight' ^
To BI ! lo ☺ 'cate' ^



She HAS ! been ☺ 'seen' ^
In MORE 'THAN ! ONE !
'Lo ☺ CA ^^ TION ! ☺

^ ^ ^^↑↑



And so ☺ 'what' !

She DID ! was ☺

To BI !

Lo ☺ 'cate to' !

Where sweet 'Ella' ^

And 'Katarina WERE' †

To 'speak DIRECT' ☺ to 'THEM' ^^ some ☺

Vital 'Up ↑↑↓ Down CLUES' ^



^ ^ ^^↑↑



And so ☺

Once 'they' !

HAD ! 'MET' !



Anastasia began ☺ to 'call' ^

Ella 'to come' ^

Please ☺

To 'meet' with *her* 'again' !

In the 'forest' ^↑

So she ☺ could 'teach' ^^ her ☺

'More of UP DOWN' ^^



♥^♥♥♥♥^



^ ^ ^^↑↑



And so Ella 'would' ^
 Receive her 'cue' ^
 To hike in 'to' ^
 The 'forest so' ^
 Anastasia 'could' ^
 TRANSMIT TO 'HER' ^
 Essential 'wisdom' ^
 Ella 'had' ^
 For ☺
 'Got' ^
 ♥♥♥♥^^
 ♥
 ^
 ♥♥♥♥♥♥♥
 ☺
 ^ ^ ^^↑↑
 ♥
 And 'so' !!^
 In a 'very REAL' way ☺
 Anastasia 'became' ^
 Ella's 'Initiator' ^
 ♥
 As Ella 'is' ^
 At ease WITH ^ 'THIS' !
 She DOES ^

Naught ☺ 'need' !

TO 'SEE !

'THE *FACE*' !



Of the one ☺ 'who *leads*' ^^

Her ☺

^ ^ ↑↑↑↑↑



Ella is ☺ . . . some . . . what 'rare' ^



In that ☺ she IS . . . *AT 'EASE'* !



With being ☺

Re AWAKENED ^

☺

By 'disincarnate ☺

'*Beings*' !



☺



And so Anastasia ☺

Was 'asked' ^



If 'she' would be ☺

Ella's 'guide' ^



In THIS ^ profound ☺

Key 'step' ^



Of 're *mind* **ING HER !**

'How ☺ TO FLY' !



^ ^ ^^↑U



^ ^ ↑↑△U



And so ☺

Ella ☺

She 'would' ^^

Follow her ☺

'Precise *cues*' ^^



And thus ☺

She would 'walk' ^

Up 'in *to* ^^

'*A forest*' ^^



Where Anastasia 'would' ^

Gesture ☺♥

To 'her' ^



Where to 'place' her self ☺

Up on the 'forest' ^ floor ☺

To 'sit' ^^♥

And 'meditate' ^^^^

♥

^ ^ ^^↑↑

♥

And 'in' this ☺

'Quiet sanctity' !

Ella she ☺ 'would' receive ☺

Potent 'down ^^ loads' !↑

Of how the . . . ☺ 'Up' Down works !

On 'multi . . . LEVELS' !

☺

The great SPAN ^^ of ☺

WHAT ^ 'IT ! IS' !!

♥

How the hu man 'mind' ^^ must ☺

LET ! IT ! 'IN' !!

♥

What ☺ 'transpires' ^^ in ☺

THE 'D ^ N ! A' !!

♥

How ☺ the 'nervous sys' ^^ stem ☺

IT !

RE !

'A !

'LIGNS' !!

♥

And ☺ 'many' !! things ☺

As she 'WAS' !

'IN A' ! school ☺

A ^ 'deep ! forest' !

School ☺

As 'an ^♥

'Initiate ^

'Of SACRED MEMORY' ☺

♥

♥

☺

♥

om

^ ^ ^^↑↑

♥

And ☺

She 'soon was' !

Cued ☺

To ☺

'Begin to SHARE' !

♥

All of 'this ^ with' !

Those ♥

Who 'were' e ☺

'Nough pre ! PARED' ! !!!!

♥

^ ^ ^^↑↑

♥



She was 'cued to' ^
This ☺
Via 'conference' ^
Calls ☺
The 'Core Team WAS' †
Called ☺
To ♥ 'sit' ^ with ☺
'Her' ^
♥
^^
♥



While 'she *did*' ^
Share ☺
She 'simply ! *passed* !
'IT' !
Down ☺
As IF ! a ☺
'Family . . . *TREE*' !
♥
She 'gave' ^^ it ♥
To 'those *who*' !
Could ☺
'Tolerate ^
'*This HEAT*' ^^
♥
♥

↻

^ ^ ^^↑↑

♥

And 'all of' ^

This ☺

In her ♥^♥

'Hum *bull*' !

Grace ☺

She 'shared' with ☺

'Those *who*' !

Could ☺

THIS ! *TALL* ! 'ER ! *ATE*' !!!!!

♥

^ ^ ^^↑↑

♥



She 'spoke' ^^ it ♥

Yes ^ ☺

'All *by*' ^ voice ☺

And 'yes' ^ it ☺

IS 'ARC' !

HIVED ☺

'FOR *ALL* ^^

'OF ↑↑↑

'T I M E' ↑↻

♥

^ ^ ^^↑↑

♥



There was ☺
'So *much*' ! she ☺
Was given ☺ 'meme ry' !
Of ☺
She CLEAR ! re ☺
'Mem bered' !
This ☺
That 'she' ^^ had ☺
'Done ♥♥♥ *this*' !
♥
So ma ny 'times' ^
♥
In 'life' times ☺
'Be fore THIS' ^
One ☺
♥
∩
♥
^ ^ ^^↑↑
♥
♥
♥
↓↑
♥

And so . . . ^ ☺
In a ☺ . . . ‘simple’ ^
Way ☺
She ‘need ID’ ^ to ☺
Merely ☺ ‘dust *this*’ !
Off ☺
Re ‘kin’ ! dle ☺
Her ♥ ‘pri OR *LOVE* !
‘AND ☺ DO THIS !
‘A !
‘GAIN’ !
♥
~~~~~↑↑  
♥  
And as the ‘teach *chings*’ ! flowed ☺  
Her MENTOR !  
Anastasia ☺ ‘patient’ ! lee ☺  
Sharing ‘with’ ^ her ☺  
‘Sibling’ ! she ☺  
Real ☺ ‘eyes’ ^ id !  
That ALL !  
IN THIS ‘WAS *FAMILIAR* !  
*‘YES’ !*  
Except ☺  
That . . . her ‘wee’ ^  
♥♥  
Sweet ‘ego *in*’ !  
THIS !  
Life time ☺

IT 'HAD ! NAUGHT ! YET !

'DONE !^^!

'T H I S' ^ ^ ↑↑↑↑↑



And so ☺

Just 'like' ^

She had been ☺ pre 'pared' ^^!

For ☺ quite a 'while' ^^

Be ☺ 'fore' ^^!

She real ☺ 'eyes ID' !

That ☺ ALL ^ 'THAT'S !^↑ NEW' !



Is ☺ 'for EGO' ^^



TO ! 'FOLLOW ^ ITS ↑↑↑↑↑↑



'SACRED CUES' ^



^ ^ ^^↑↑



'Which' ^



Is 'nothing ! SHORT !! OF !

'THE UP !! SHIFT !

'OF THE ^ ENTIRE !

'HUMAN ! CONCH ! US ! NESS !

'TO A ☺ HIGHER ^ OCTAVE !

*'THAN > IT ! HAS ^*  
*'KNOWN ^^^U*  
*'IN ♥*  
*'ITS ☺*  
*'PRESENT STATE !*  
*'EVE ☺ ER !*  
*'BE !*  
*'F O R E' ↑ ↑ ↑↑↑↑U♥*  
♥♥♥  
♥



AND ^^ so ☺  
This . . . 'Up Down' ^^  
♥

It ☺ WAS IS !

A . . . 'LEAP' ^!!!!!!



A QUANTUM 'UP ^^ SHIFT !

*'IN THE ☺ DESIGN ^ OF !*

*'THE ☺ HU !*

*'MAN !*

*'BE !!*

*'ING' !!!!!↵*



om

^ ^ ^^↑↑



It 'was' ! no ☺

'Wonder' !

They were ☺ 'be' !! ing ☺

'Trained' ♥‡

To ☺ . . . 'naught' !

♥ . . . 'Re act' !

*'With SHOCK ☺ OR ! DRAMA' !*



As ☺ . . . 'this . . . simple' ^^

Play ☺

Was 'is' ^ a ☺

'Very . . . monu MEANT ALL' ^



Play

^



↑

om

^ ^ ^^↑↑



And so ☺

Ella was 'Shown' ^

Several ☺ . . . key ☺ 'things' ^



^^^^^



There were THREE . . . 'TEAMS' ^



Be ☺ 'ing !

'Call *id ! IN ☺ TO ! PLAY* !



Placed ☺

A 'round' ^ this ☺ *planet* !



Each 'far' ^ a ☺

*Way* ^^^^^



A 'kin' ^^ to ☺

IN ! 'A TRIAD ! TRILOGY' !

♥^^^^^^

☺

Where ☺ in 'one' ^^

☺

'Is *the* ! ACTIVE' !!

One ☺

♥

♥

♥

↑

And ☺ 'two' !!

☺

'Are *the* SO CALLED !

'DORMANT' !

Ones ☺

♥♥♥^↑↑↑↑↑

♥

♥

☺

^ ^ ^^↑↑

☺



And that ☺ 'their Team' !

Was 'is *the* ACTIVE ♥ TEAM' ^

Though 'to' ^ naught ☺

'Be a TTACHED' ^^^^^



As 'if' ^ it ☺

'Serves *the ! WHOLE*' !

For ☺ 'them' ^^ to ♥

Be 'dor *mant*' ^

Then ☺

This is ☺ 'the *role THAT THEY*' !

Play ♥

WITH ^ 'ZERO ∪ *EGO ! IN*' !

'*THE !!!*

'*W A Y*' ↑↑



^ ^ ↑↑↑↑△



Another ☺ 'part' ^^ of ☺

What 'she' was ☺ 'be *ing ! SHOWN*' ^ was ☺



WHO ^^ . . . 'among *them*' ?

Would ? 'most *likely BE* ?

'*THE FIRST ☺ TO ! UP*' !!!!!∪



And this was naught at ALL !



UP ☺ 'to ! *them TO*' !

Choose ^

No ♥

This WAS ↑ pre ♥ . . . 'cise' ^



THEY 'MUST ^ *FOLLOW* !

**'PRE CISE !**

**'TO ☺ *THE ! T* ^**

**'↑ ^**

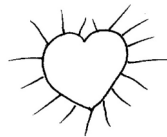
**'T !**

**'IMMACULATE !**

**'C U E S' ↑ ↑ ↑↑↑↑↑↑↑↑**



^ ^ ↑↑↑△



And so ☺ what she was SHOWN ^

Consistent ☺ 'lee' ^



And others TOO ^



They could ☺ THIS 'SEE' !



Was that it would 'be' ^



One 'of' the ♥ TWO ^  
 ♥  
 Or BOTH ? of ☺ 'them ^  
 ♥  
 'At the *SAME TIME*' ?^^^??  
 ♥  
 And so . . . 'surrender' was ♥  
 The CALL ^ to ♥ . . . 'them' ^^♥  
 To BE ^ on ♥ . . . 'cue ^^' when ♥  
 THE 'CUE *CAME IN*' ^^^^^  
 ♥  
 It would ☺ 'eye' ^^ ther ☺ 'be' ^  
 ♥  
 Ella 'or' ? her ☺ 'sib' !  
 ♥  
 Her 'bro' ^ ther ☺ 'in *this*' !  
 Team ☺  
 Whose ☺ 'name' ! is ☺  
 'Andrew' ^♥  
 ^ ^ ^^↑↑  
 ♥  
 And 'both' ^ of 'them' ^^  
 ♥  
 Were be ☺ 'ing' ! pre ☺ 'pared' ^^  
 ♥  
 For 'if' ^ and ☺ . . . 'when' !!♥  
 They *swift* 'were CALLED' ^^  
 ♥  
 As they ☺ 'may ? naught . . . *have*' ? ^^♥  
 MUCH 'TIME TO ! *GO*' !!♥

As ☺

‘Once THE *CALL ! IS ! CALLED*’ ↑

♥

It ☺

IS ^

Lift ☺

‘Off’ ^^♥

^ ^ ^^U↑

♥♥♥

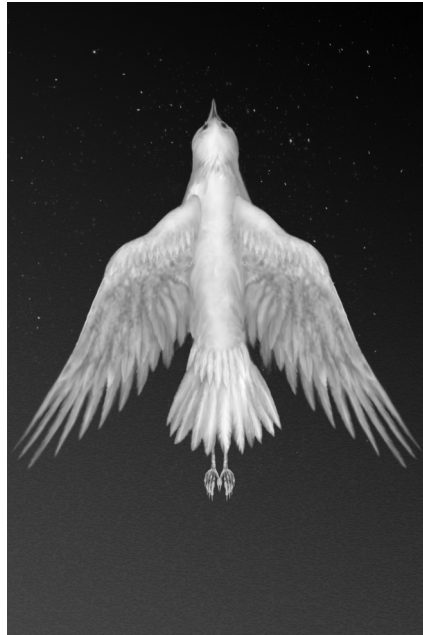
oh – m ☺

^ ^ ↑↑↑U

♥

‘Much like ☺ *AN ! AS ! TRO ! NAUT*’ !!!!!

♥



And so ☺ both ‘she AND’ ^

Her ‘bro’ ther ☺ ‘Andrew WERE’ ^

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Day One-Fifty-Two

3617

Be ☺ 'ing' ! pre ☺ 'pair id ! *FOR !*  
*'THEIR POTENTIAL ! LIFT' !*



Like astronauts TRUST ^



In the ☺ tech know lo 'gi' ^ !

They ☺ sir 'rendered ↓↑ in' ^



TO 'THEIR COS ☺ MIC ! *SEATS' U*  
*OM !*

^ ^ ^^↑↑



And



With zero ☺

... 'Attach *meant' !*

To ☺ IF !

When ☺

'Or HOW' !



It 'was' is ☺ 'them' ^♥U



Be ☺ 'cause' of ☺

*Their 'prior' !*

*'SACRED VOWS' !*



You 'see' !! it ☺

Is 'like a !  
... 'Resumé in !  
'The 3 ^ D' !



Their ... 'prior ^^ ^ ... experience DOES !  
'PLACE THEM ^ IN !  
'THESE !

'S E A T S' ! !!!↑↑↑↑↑↑↑↑↑↑



^ ^ ^^↑↑



And sew ☺  
The day ♥ it 'came' ^



When they received 'the cue' ^^



To 'begin THE PLAYS' !



The ☺ 'Up / DOWN PLAYS' ^^^^↑



^



And ... 'down' here ☺ up 'on the ! GROUND' !



None 'of' them ☺

Could *yet KNOW* ^



IF ?

OR 'WHEN ?

'THIS IT ^ **WOULD ! LIFT**' ☺



Just like ☺ in . . . a 'lab' ^



A . . . 'space' ^

Ship ☺ 'lab' ^



'A *Wright ! BROTHERS*<sup>294</sup> ^^

'*LAB*' !



All that 'they' ^

As 'their *wee MORTAL* ☺ *SELVES*' !



Could 'do *was* ☺ *FOLLOW ! their* ☺ *CUES* !

'*And* ☺ *LET THE* ^ *PLAY* †♥

'*BE* !

'*ITS* ^!†

'*DIVINE* !!!†↑☺

'*S E L F*' ! ! !!!†↑



^ ^ ††↑↑↑



'THEY' !

---

<sup>294</sup> The brilliant 'genius' ! . . . and ☺ 'courageous' ! . . . kin ☺ . . . were are 'credited *with* ! . . . *the INVENTION OF ! . . . THE* ☺ . . . *AERO PLANE*' ! ☺ ††♥

Were ☺ clearly INSTRU 'MEANTS' !



'They' ! were naught ☺

The *genius MINDS* !

**WHO ☺ 'WERE ! ORCHESTRATE U ING !**

**'THIS ☺ SACRED U U U ☺**

**'L I F T' ! ♥!!!!^U**



Such 'humility' ^^

And 'depth of *SERVICE*' !



Was rather 'rare' ^^†

In ☺ western 'terms' ^♥



And so ☺

Andrew and 'Ella' !

**PLUS 'THEE ☺ WHOLE ! TEAM' !!!!!!!!!!!^^**



'They' gave ☺

**THEIR 'LIVES TO' U**

This ☺

They gave it ☺ ‘all’ ^^ that ☺

Each ‘of’ ^ them ☺

‘Had’ ^^^^^



oh – ‘m’ ^



What was ☺ ‘clear to ! *THEM*’ !

By ☺ ‘now’ ♥ was ☺ ‘this’ ^^^^^



That ☺

NONE ‘OF’ ! them ☺

NAUGHT ‘EVEN ! *ELLA* !

‘*OR ANDREW EVE*’ ! en ☺



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Day One-Fifty-Two



Could ☺ 'dew any' ^ thing ♥

To 'force' ^? this ♥

With 'their wee EGO' ! wills ♥

With *their* 'own FREE !

'W I L L S' ↑ ↑ ↑↑↑↑



As ☺

'They' were 'naught !

'IN ☺ CHARGE !

'OF !

'THIS' !

♥♥♥^U

♥♥♥



As IT ! 'IS ↵↵  
'WAY TOO HUGE ^  
'AND ESSENTIAL ^  
'TO *EVERYTHING* ^  
*'IN SPACE > AND ^ TIME ! TO !*  
*'EVER ALLOW ☺*  
*'ANYONE ^ OR ! THING !*  
*'TO tamper' ^ with ( <*  
Naught 'eve' ^  
☺  
En ☺  
'Them' ^  
♥



"More *will BE SAID !*  
"Loves ☺  
"On *this QUITE SOON !*  
"Loves ☺  
"For *now PLEASE REST !*  
"Loves ☺  
""This' ^  
"To ♥ 'di *jest*' !  
"LOVES" !  
^ ^ ^^↑↓  
♥♥♥♥♥♥♥♥  
☺

