

We've decided to take a few days to share with you the 'context' of what we're writing – the 'how' and the 'why' – not just the 'what' – as the whole idea of this epic writing is to invite you in as inclusively as possible as it is 'birthed' ♥.

What might be most compelling of all is, 'Who we are each becoming as a result of me penning and you reading *I Am You?*'

This 'book' is meant to inspire you as it passionately, discreetly ignites us all – becoming ever more fully the potent, benevolent, albeit sometimes latent Creators we each inherently are . . .

Some of the 'how' Ella and I are going about this colossal endeavor – for the scope of this story is enormous – is by writing it 'from the ground up'. Everything needs to be rooted for it to be stabilized. A tree without a deep and sufficiently wide grounding network can easily be washed away in a 'flood'.

And so we intend to "start at the very beginning, [as] it's a very good place to start"¹.

We'll guide you via key elements of Ella's remarkable life story to discover the inner power in your own. She will – in many ways – demonstrate the essential principles that are so tender at the heart of this precious story.

Ella is essentially going to 'turn inside out' through the course of this 'book', sharing with you and showing you how to discern safety – and thus to *trust*.

For transparency is at the core of all trust. And as we 'light our shadows' – we discover that *there is only Light*. There is no 'boogy man' – unless we believe there is, and invest energy in creating him . . .

Ella is about to become 'naked' before your eyes – sharing with you key aspects of her own life journey - as a 'route map' for yours.

For most of us (often feel we) need a 'way shower' – someone 'outside of us' to demonstrate that something 'new' is safe, desirable, and possible. More than anything, Ella is a courageous 'scout'.

¹ Julie Andrews, in 'The Sound of Music' . . .

The ‘route’ she is mapping and modeling – as far ‘out’ as she possibly can from where we are, now, ‘here’ – is the route of an ‘Ascended Master’.

For all those who have existed in space / time – and who have transcended duality, the seed of all suffering – have found for themselves a route ‘out’ . . .

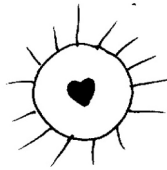
This is Ella’s life ‘experiment’. Just like Gandhi and others who have become veritable models to humanity, Ella’s humble journey is one of lending her life as a ‘laboratory’. Everything she explores is in direct relation to this primal question: ‘How do we transcend duality / suffering – and ascend into wholeness, peace, and our fully awakened potential?’

This ‘book’ is like her ‘research notes revealed’! It is the distillation of Ella’s intriguing and adventurous exploration into the ‘seen and unseen worlds’ – like a PhD thesis laid before your very eyes ☺

You and I and Ella are very alike . . . We breathe, eat, sleep, make love (!), and yearn to live a fulfillment of joy, grace, and meaning. We do not want to suffer.

In fact, we want to find an *option* to suffering.

We want to discover *peace* ♥.



More than anything, *I Am You* is a **Love Story!**

It is an epic adventure of love between four souls who have incarnated together numerous times in the evolution of this beautiful blue green planet.

It is a story of love between beings beyond the scope of awareness of many humans caught in the day-to-day practicalities of feeding and clothing themselves.

It is a story of *rapture* – of falling in love head over heels *with love itself*.

And it is a story of the eternal re-creation – the ultimate realization – of our essential Love in the ‘Divine’.²

For the greatest tragedy in human history has been the confusion and exclusion of ‘Divinity’ from our day-to-day orientation in life. Even those of us who *have* held ‘God’ in the core of our beings have – through the rugged course which has been humanity’s story – typically perceived ourselves as part of ‘a religion’ – to the exclusion of ‘a unified God’ that exists beyond all separation.

I Am You is meant to inspire you, to ignite you, and to evoke in you deep feelings of ‘Home’.

It is meant, above all else, to gently catalyze you to *wake up* . . .

And what this means can only become evident, breath by precious sweet soul breath, as it unfolds . . .



We’d like to be generous with our insights – and as transparent as we can possibly be – at the outset of this epic adventure! For the more open we are with you now, the more included we hope you will feel ☺

We’re choosing to publish *I Am You* daily as it is birthed, so that we can be as responsive as possible to *how it is affecting you*.

It is meant to be “like knocking your heads against a soft pillow”³! As in ‘Goldilocks and the Three Bears’, our intention is to be “not too hot, not too cold, just right”⁴ ☺

² As perceived by many names – as examples, God, Creator, Allah, Jehovah, Yahweh, Source, All That Is, and a plethora of others . . .

³ This is one of many ‘poems’ penned via Ella throughout the years – some of them borne with the intent purpose of revealing to her key principles of insight requisite for her own personal walking of this sacred *path* ♥ . . .

⁴ A quote from this ‘children’s story’ frequently recounted in English speaking cultures . . .

This in itself is very rare – that is, to reveal the creative process *as it is underway*. Most artists sequester themselves like hermits whilst they are creating – for two primary reasons.

One is that the creative process itself is so intense – the inquiry, the reception, the vulnerability – and it requires such enormous focus – that ‘potential distractions’ are best kept at bay.

Another is that many artists doubt their ability to actually create what they are setting out to bring from ‘spirit’ into ‘form’. And so they prefer to share their innovation once it is fully fledged ♥.

Not so here! We are courageously birthing *I Am You* before your very eyes – *because birth itself is the miracle!*



There are many intended outcomes that we would be *so* pleased to witness as a result of our commitment to the birthing of this ‘book’! Here are some . . .

- In writing *I Am You*, we are quite literally announcing ‘A Call to Global Cooperation’ – a ‘magnetic pull’ to all among us who are poised to *step out of duality* (the conditioned behavior and thought pattern of ‘fighting against’) *into unity* (the active art of our co-creating with each other – inclusive of all of our diversities – a manifest vision of what we *do* want). In so doing we will be collectively birthing the ‘peace on Earth, joy to all humankind’ that all peoples of all nations in all civilizations have carried as an eternal seed in our Souls
- Through the penning of *I Am You* we intend to demonstrate that *it is safe to come out now*. We will reveal, in later pages, that (very recently) the intergalactic energy which sets the templates of reality on planet Earth has shifted – such that it is safe to fully embody our *Light – without undue fear of persecution*
- We will reveal clearly deep truths of what has been taking place on (and beyond) this precious planet – contributing humbly yet substantially to the liberating of

Earth and its people from the energetic ‘lock’ that was previously placed upon it and thus us all

- We will aim to write in ways that are easily accessible to a large audience – so that this catalytic, eye-opening ‘content’ can be widely received. At times you might perceive *I Am You* through ‘filters’ of magical (such as ‘Harry Potter’), revelatory (such as ‘Mutant Messages Down Under’ and ‘The Men Who Stare At Goats’), informative (such as ‘The DaVinci Code’), adventurous (such as ‘Raiders of the Lost Ark’), romantic (such as ‘Romeo and Juliet’ and ‘Griffin and Sabine’), mythical (such as ‘The Mists of Avalon’), awe-inspiring (such as ‘Star Trek’ and ‘ET’), inspirational (such as ‘Field of Dreams’), fantastic (such as ‘The Wizard of Oz’), and so many other possibilities! No matter what *I Am You* resembles to you – in any of its pages – our hope is that it will be ‘easily digestible by you’!
- This epic little ‘book’ will endeavor to weave together a multitude of ‘spokes’ into one central, unifying ‘hub’. Some of the intricate facets we aim agilely to interconnect include the currently augmenting global crises, interstellar communication, telepathy, healing the relationship of humanity with Divinity, and more
- Oh, what a joy it will be to succeed at this! To successfully *be* a manifestation of the Sistine Chapel fresco – wherein Michelangelo’s ‘finger of Divinity’ touches a ‘finger of humanity’. That is, *I Am You* – in its bold, brave scope – aims to be an energetic, alchemical activation of the incoming of Divinity into the active experience of humanity – ‘heaven comes to Earth’
- As we’ve mentioned before, *I Am You* aims above all else to engender and to re-awaken the trust of humanity in Divinity – via the transparency of Ella’s intriguing story – which is her active demonstration of her trust in ‘the unseen’
- *I Am You* (we’ll explore this more tomorrow!) intends to be a loving, gentle, effective *catalyst* – *within humanity* of a) humanity’s large scale healing – individually and collectively, b) humanity’s normalization of its breadth and scope of spiritual experiences, and c) the bringing in of lucid, clear, simple, interconnecting clarity amidst the current tides of global crises and confusion

- Through its pages, *I Am You* aims to actively demonstrate humanity's collective ego's⁵ rapid expansion 'beyond what it knows' – into its willing and trusting surrender into 'all that Soul knows'⁶

Oh my, Ella, are we really up for this?!

Thank 'God' there are two of us, joyously like 'sisters' embarking on this incredible wave. Climbing into our wee rowboat we are, Ella and I, setting ourselves out onto this *current towards the great sea* . . .

In fact, there are many more than 'two of us'!

Ella was astute in asking me to birth this with her . . . Rather than she and I being 'isolated' in the enormity of this commitment, she has – with the deep love and enormous resolve that is so typical of her – reached out in recent months to a large pool of people internationally, asking them to 'hold the space – with us – to birth this great birth' ♥.

And so we – and you – are in the fine company of more than seventy people (and growing) who – even before we began penning this 'story' on 'Day One' – had wholeheartedly agreed to 'bear witness to this forthcoming child' – as mid-wives and mid-husbands, as co-agents in its delivery . . .

Ah yes – you might wish to know! Ella and I are in rich communication as I pen this 'real time'. With her loving support – and that of the afore-mentioned team – my intention is to dedicate my keen focus Monday through Saturday as 'writer-in-residence'! On Sundays, I will rest ☺

In deep respect of you – if there are anomalies to this 'schedule', we will do our best to let you know on the 'birthing page'!

With so much love to you . . .

⁵ The Swiss Psychoanalyst Carl Jung discovered and revealed the 'collective unconscious' – the realm of intelligence *where we all meet* – a realm that we all, with willingness and/or experience, can tap in to . . . Akin to this – as all of humanity is essentially 'one organism' – we together have 'one inter-connected ego' . . . If these concepts intrigue you, consider also exploring the seminal work of Rupert Sheldrake . . .

⁶ If this intrigues you, consider exploring it more in-depth now via the book *The Ego and The Soul – A Map for Humanity's Ultimate Thrival* – <http://www.lulu.com/shop/ariole-k-alei/the-ego-and-the-soul-living-and-leading-from-the-inside-out-a-map-for-humanitys-ultimate-thrival/paperback/product-21265574.html> . . .

Let us continue!



You might imagine that I've felt ever-so-slightly overwhelmed by this endeavor!
And you'd be right ☺

So Ella has shared with me – and I will present it here to you – an incredibly effective focusing tool that she uses when she's beginning anything at all 'daunting'.

She and I have found, practiced, and developed highly effective techniques and tools to calm our nerves over the years! We've both extended ourselves more times than we can count 'beyond' our previous capacities and kudos. That's our nature. That's a big part of what we love so much about each other! That's why we're still such amazing friends . . .

So here is 'my' distillation – and thus my application – of the '12 Soul Powers'⁷, as I launch into the telling of this tale to you . . .

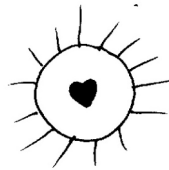
I'll literally 'talk you through it' – as I talk myself through it every morning before I begin writing . . .

- I have **Faith** in the **Direction** I have chosen to take at this moment in my life. I have clearly committed to writing this incredible story, to the very best of my abilities. I trust this Direction – and I whole-heartedly affirm my dedication to it.
- I am daily augmenting my **Strength** to successfully fulfill this Direction – by taking ultra-good care of my physical, emotional, and relational well-being. I am preparing food at the outset of each week for nourishing meals as I write. I am resting and playing in fresh air every day once I'm complete the day's writing. I am speaking with friends most evenings – to keep me connected, to nourish my relationships, and to aid me in digesting real-time the depth of this experience.
- I am applying my **Wisdom** via setting clear boundaries of what I do and do not give my attention to during this focused phase of writing. I am tapping in to the

⁷ This refined 'map' is one of many rich nuggets presented in the Unity Church tradition . . .

- leanest, most effective resources I have access to, assisting me to relax into confidence during this time of keen focus.
- I said ‘Yes’ to Ella to write this compelling story with her *because I Love so much!* I Love humanity. I Love this planet. I Love science and I Love spirituality. I Love human potentiality. I Love the possibilities that lie ahead for *all* of us. I Love ‘this great mystery’. I so deeply Love.
 - I am applying my clearest, most effective **Power of Communication** – so that Ella’s story may touch the lives and hearts of many. I am drawing upon everything I have learned – as a woman, a daughter, a mother, a singer – to communicate clearly and effectively concepts that are profoundly alluring, sometimes mind-boggling, and so intriguing to me.
 - I am tapping in to my **Imagination**, actively pondering ‘How best to convey this?’ For there are so many options, so many angles, so many ways to intertwine, refine, streamline . . .
 - I **Understand** that everyone is unique, and so not everyone may relate directly to Ella’s story or how I convey it. I accept that my own Understanding of the principles her life demonstrates are deep – and yet they are still limited. I will do my best to be the best ‘storyteller’ I can be – without taking it personally if *I Am You* speaks to some and not to others ☺
 - I have enormous **Will** and a deep desire to do justice to Ella’s incredible vastness of Will. Her commitment is truly breathtaking – and I strive to stand beside her in equal resolve to serve the wellbeing and the awakening of humanity into its truly magnificent, glorious splendor ♥.
 - I realize that it is vital that I maintain **Order and Coordination** in my life throughout this phase of writing. To keep my thoughts clear – and to communicate precisely – my environment needs to reflect this clarity. And so I ‘build from the ground up’ – from Day One to the magical day when we know we are ‘complete’!

- I have such tremendous **Enthusiasm** for the integral value of this project! And I recognize the importance of maintaining my balance – so that my Enthusiasm is matched with rest, nurturance, and essential quiet time to integrate.
- I realize – and I joyously accept – that **Renunciation** as at the epicenter of this ‘book’. For it is through my own willingness to ‘let go’ of anything which impedes me that I am able to be the best deliverer of this ‘story’ into the hands and hearts of humanity. And so I willfully decree that anything that may be in my way is allowed to be released ♥.
- It is my Love of **Life** itself that ignites me! Life is why I said ‘Yes’ to Ella. Life is who I am, and why I am here ♥.



And so with this ‘map’ in place now – viewable before your very eyes – I, Geneviève, now take my rest!

I will ‘polish’ what I have written here, make it publicly viewable for you, then follow my **Wisdom** and integrate, rest, nourish myself, connect with someone precious, and play!

For my core role in these months ahead is to stay balanced, rested, inspired, open-minded, well, and relaxed in my confidence that I can amply, agilely maintain the stamina for this in-depth ‘sprint’!

It’s akin to touring and performing intensively for months. A distinction here is that *the script is revealing itself as I am writing it!*

Oh, so much more could be said . . .

Enjoy your reading, your musing, your digesting, your own awakening!

Tandem – you and I ☺